



Policy and Procedure # 360

Client Advance Directives or Living Wills

Approval: _____ Effective Date: 5/9/24

POLICY:

Employees are expected to perform CPR when a client's breathing or heartbeat has stopped unless they have written approval from DDA to withhold CPR as part of their POLST (Physician's Orders for Life Sustaining Treatment).

When clients wish to not be resuscitated, they and their guardian (if applicable) should be supported to work with their healthcare professional to write a POLST. EFI must obtain written approval from DDA in order to implement a client's POLST to withhold CPR.

REFERENCE: DDA Policy 6.09
RCW 71A

PROCEDURE:

1. Clients and their guardian (if applicable) must submit a request to the DDA Case Manager in order to withhold CPR as part of the POLST. The request must include the signed POLST and a signed statement or letter from the client's physician indicating that CPR would not be beneficial to the client and should not be administered under any circumstances.
2. The Client or legal representative can rescind the POLST that directs employees to withhold CPR at any time by writing "VOID" in large letters across the POLST.